

**SUMMER SEMINAR ASSEMBLY Action is Attraction – There is No
Growth in the Comfort Zone**

MAY 17-19, 2019

Seabeck Conference Center

13395 Lagoon Drive NW, Seabeck WA 98380

EARLY REGISTRATION DEADLINE: 4-17-2019

Full Name: _____ DISTRICT _____

Address: _____

City/State/Zip Code: _____

Email: _____ Phone number: _____

ARE YOU AN AL-ANON MEMBER IN ALATEEN SERVICE (AMIAS)? YES NO

AMIAS # _____

AMIAS PROVIDING TRANSPORTATION/CHAPERONING PERMISSION SLIPS ARE ATTACHED.

AMIAS QUESTIONS? EMAIL JOE P. @: ALATEEN@WA-AL-ANON.ORG

SOME ROOMS HAVE BEEN RENOVATED CHECK OUT WWW.SEABECK.ORG/HOUSING

CHECK ONE	ROOM DESCRIPTION	COST
	HUCKLEBERRY (8) AND SALAL (8)	194
	ANNEX (12) INN (8) AND RESSER (7)	169
	FIRS (5), HEMLOCK (5) AND MADRONA (6)	149
	PINES (12) MAPLES (8) AND CEDARS (8)	139
	AMIAS SHARED ROOM WITH ALATEEN(S): COST OF ROOM MINUS \$25	
	ALATEEN MEMBERS ROOMING WITH AN AMIAS IS MANDATORY	115
	PLEASE NOTE: HUCKLEBERRY AND SALAL EACH HAVE (4), HEMLOCK HAS (3) HANDICAP ACCESSIBLE ROOMS. FIRS (5), CEDARS (4), MADRONA (6), HEMLOCK (2), REESER (1) HOUSES HAVE 3-5 BEDS IN THEIR ROOMS (WHEN VIEWING ROOMS ON LINE EACH LINE IS A BED FOR EACH OF THE ROOMS).	

THERE ARE A LIMITED NUMBER OF ROOMS AVAILABLE FOR PEOPLE WHO ARE AMBULATORILY CHALLENGED/SPECIAL NEEDS. SHOULD YOU REQUIRE ONE OF THESE ROOMS, PLEASE GET YOUR REGISTRATION IN EARLY.

I would like to room with:

NOTE: PLEASE HAVE YOUR ROOMMATE(S) REQUEST THE SAME LODGING AND SEND ALL ROOMMATE REGISTRATIONS IN THE SAME ENVELOPE, WHENEVER POSSIBLE.

**\$10 LATE FEE AFTER DEADLINE, REGISTRATION WILL BE OFFERED AT SEABECK
PLEASE CHECK ANY OF THE FOLLOWING THAT DESCRIBES YOU BEST:**

CHECK			CHECK	
	I GO TO BED EARLY			MY SNORING CAN BE DISRUPTIVE
	I AM A NIGHT OWL			DO NOT PUT ME WITH SOMEONE WHO SNORES
	I AM AN EARLY RISER			SPANISH TRANSLATION IS REQUESTED
	DIETARY CONCERNS/NEEDS			
	VEGTARIAN			NON-CELIAC GLUTEN FREE
	DAIRY FREE			VEGAN

PLEASE NOTE ANY DIETARY RESTRICTIONS/ALLERGIES YOU MAY HAVE THAT THE KITCHEN NEEDS TO KNOW ABOUT: _____

_____.

EARLY REGISTRATION DEADLINE: 4-17-2019

\$10 LATE FEE AFTER DEADLINE, REGISTRATION WILL BE OFFERED AT SEABECK

Mail registration with payment payable to: WA AREA AFG

ASSTANT REGISTRAR

C/O Ellen Z.
5512 W. Woolard Rd
Spokane WA, 99208-9753

OFFICIAL USE BY THE REGISTRAR

Date received: _____ # _____
Snail mail _____ online registration _____
ASSIGNED TO: _____

FOR ONLINE REGISTRATION VISIT: wa-al-anon.org

NOTE: There is a \$5 convenience fee for online registrations to cover PayPal fees.

QUESTIONS? REGARDING REGISTRATION EMAIL CAROL H.@:

ssa-registration@wa-al-anon.org

Note: Be prepared for long lines if you choose to register at the door.

QUESTIONS? EMAIL LYNN T. @: alt-chair@wa-al-anon.org LOOKING

FORWARD TO SEEING YOU ALL!

DIRECTIONS TO SEABECK CONFERENCE CENTER

EDMONDS TO SEABECK:

Go west on Kingston Edmonds Way to WA SR 104	8.5 miles
Go northwest on WA SR 104 to WA SR 3	9.0 miles
Go south on WA SR 3 toward Bremerton	16.5 miles
Take the Newberry Hill exit and follow signs to Seabeck	7.3 miles

PORT ANGELES TO SEABECK:

Go southeast on US 101 to WA SR 104	37 miles
Go southeast on WA SR 104 (portions toll) to WA SR 3	15.5 miles
Go south on WA SR 3 toward Bremerton	16.5 miles
Take the Newberry Hill exit and follow signs to Seabeck	7.3 miles

I-5 CORRIDOR:

Go south on I-5 to WA SR 16 (Exit 132)	
Go northwest on WA SR 16 to WA SR 3	27 miles
Go north on WA SR 3	9.7 miles
Take the Newberry Hill exit and follow signs to Seabeck	7.3 miles

HELPFUL INFORMATION

- **Check in will be from 3-10 pm Friday in the Meeting House, late arrivals:** there will be a table tent at the registration counter with contact information to assist you in registering
- Registration fees are transferable, **NOT REFUNDABLE**
- Snacks to share for hospitality room are always appreciated
- **BRING YOUR SERVICE MANUAL, PEN AND PAPER**

- Pack casual clothes, walking shoes, rain gear, warm jacket, windbreaker, bath articles, sleep wear, ear plugs, flashlight, alarm clock and bathing suit?
- Sheets, towels, pillow, blankets and pillowcases, wash cloths, soap, shampoo, family style meals Saturday and Sunday are provided
- Rates are based on 2 or more occupancy in rooms that accommodate more than one person-there is a \$25 additional fee per night for single use in multi-occupant room. You may be asked to move rooms to avoid this added charge.
- **Two Al-Anon Members in Alateen Service (AMIAS) will room with an Alateen(s).**
- Breakfast is served at 8 am, lunch is served at 12:30 pm and dinner is served at 6 pm
- If guests want towels replaced, they need to be placed outside your room by 10 am they will be replaced by 12 pm.
- Dishes, silverware, glass ware are not allowed to be removed from the dining room by guests
- Washington Area will pay a fee for excessive cleaning or damaged furnishings.
- Lost and found: check with the main dining room or ask the office if a missing item was turned in
- Tipping of individual staff members is prohibited. Seabeck maintains a staff appreciation fund, all donations will be distributed among all the staff.
- FINAL DAY: **CHECK OUT IS 10 AM**, RETURN KEY TO REGISTRATION BASKET AT REGISTRATION COUNTER. TAKE ALL PERSONAL BELONGINGS WITH YOU, TURN OFF LIGHTS AND CLOSE WINDOWS PRIOR TO LEAVING.
- ITEMS MUST BE HUNG WITH BLUE PAINTERS TAPE ONLY
- SLEEPING /RECREATIONAL VEHICLES ARE PROHIBITED
- ONLY SERVICE ANIMALS ARE ALLOWED AT SEABECK
- MARIJUANA USE IS PROHIBITED ON THE GROUNDS OF SEABECK
- SMOKING IS PERMITTED 25 FEET FROM ANY DOOR OR WINDOW, NO SMOKING IN GRASSY OR WOODED AREAS INCLUDING TRAILS
- CANDLES, LANTERNS, FIRE WORKS OR OPEN FLAMES ARE PROHIBITED

- NOISE THAT CAN BE HEARD OFF THE GOUNDS OF SEABECK IS PROHIBITED AFTER 10 PM
- SKATE BOARDS, SCOOTERS, ROLLER BLADES AND ROLLER SKATES ARE PROHIBITED. BICYCLISTS ARE ENCOURAGED TO WEAR HELMETS.
- MUST READ "RULES FOR LAGOON USE"
- USE OF GLUE, PAINT, GLITTER ECT. IS PROHIBITIED INSIDE MEETING ROOMS AND CONFERENCE TABLES