Welcome to Panel 65
We are so excited to see what this panel holds.
See inside for important information to help you in your service journey.

AL-ANON WA Wanderings
A Quarterly Publication of Washington Area 59

March 2025 Volume 52 Number 1

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WA Area AFG, 12128 N. Division St. PMB# 1531 Spokane, WA. 99218

Investing in Each Other to Preserve Our Legacy

S'investir mutuellement pour preserver notre heritage. Invertir los unos en los orros para preserver Nuestro

The theme for 2025 reminds me that this is a WE program, not a me program. Tradition one states "Our common welfare should come first; personal progress for the greatest number depends upon unity."

Practicing KBDM (knowledge-based decision making), even at the Group level ensures everyone has a voice. The resulting group conscience by vote is Higher Power at work. Z I have found that even if the vote doesn't go with my particular point of view, I can support it by knowing that the Group conscience and our collective Higher Power has spoken.

The members at my very first Al-Anon meeting invested in me by showing me what unconditional love really looked like. By showing me that they weren't going to judge my feelings of anger and hopelessness, and loved me for just being in that seat; I soon learned to start loving myself again. In doing that they were also preserving the Al-Anon Legacy of our spiritual principles at work. The Steps, Traditions, and Concepts teach us the spiritual principles of this fellowship and it is our Legacy to pass on to the next newcomer that has the courage to sit in that seat. Step Twelve states "Having had a spiritual awakening as a result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs." I'm so grateful for the Al-Anon program and fellowship. Thank you! —
Kimberly Hawkins,
Delegate, Panel 65

Updated Pages Available for Service Manual

The *2022-2025 Al-Anon/ Alateen Service Manual* P-24/27) v4 is available electronically in English, French, and Spanish!

In addition, for those members who have a printed copy of v2, we have posted replacement pages in all three languages to download, print, and trim to fit in your *Service Manual*.

https://al-anon.org/for-members/membersresources/manuals-and-guidelines/

The changes include updating the Choosing a Group's Name Policy text and the Local Services Policy text per two 2024 Conference motions

Officer Contact Information

Role	Name	Primary email
Delegate	Kimberly H.	delegate@wa-al-anon.org
Alt Delegate	Juliana B.	altdelegate@wa-al-anon.org
Chair	Gary H.	chair@wa-al-anon.org
Alt Chair	Nena T.	altchair@wa-al-anon.org
Treasurer	Helen V.	treasurer@wa-al-anon.org
Secretary	Amber T.	secretary@wa-al-anon.org

New Coordinator Contact Information

Role	Name	Primary email
Alateen	Elizabeth GW.	alateen@wa-al-anon.org
Area Alateen Process Person	Michael S.	alateen-safety@wa-al-anon.org
Archives	OPEN	
Meeting Technology Coordinator	George S.	meeting-tech@wa-al-anon.org
Group Records	Cooki P.	group-records@wa-al-anon.org
Literature	Mary P.	literature@wa-al-anon.org
Newsletter	Monique R.	newsletter@wa-al-anon.org
Public Outreach	Katharine R.	outreach@wa-al-anon.org
Website	Teresa H.	webeditor@wa-al-anon.org
Permanent Custodial Archivist	Lynn T.	archivist@wa-al-anon.org
Pierce County AIS Chair	Kayleen F.	chair@al-anon-pierce-wa.org
Greater Seattle AIS Chair	Dave M.	communications@seattle-al-anon.org

District Representative Contact Information

District: 1 (Southeast WA) Markie M. dr1@wa-al-anon.org	**District: 2** (Spokane vicinity) J-B (Jean Baptiste) R. dr2@wa-al-anon.org	**District: 4** (Tri Cities vicinity) Melissa M. dr4@wa-al-anon.org
District: 5 (Chelan, Ephrata, Leavenworth, Moses Lake) Grace J. dr5@wa-al-anon.org	**District: 6** (North Central WA) **No DR** dr6@wa-al-anon.org	**District: 7** (Cle Elum, Ellensburg, Yakima) Lisa O. dr7@wa-al-anon.org
District: 8 (Clark, Skamania Counties) Liz T. dr8@wa-al-anon.org	**District: 9** (Southwest WA) **No DR – contact person only** Mary Ann J. dr9@wa-al-anon.org	**District: 10** (South Puget Sound) Lois M. dr10@wa-al-anon.org
District: 12 (Tacoma, West Pierce County) Sherri-Lee G. dr12@wa-al-anon.org	**District: 13** (East, South Pierce County) Ayme B. dr13@wa-al-anon.org	**District: 14** (Auburn, Enumclaw, Federal Way, Kent) Lynne M. dr14@wa-al-anon.org
District: 15 (King County, Bellevue and North) **No DR – contact person only:** Lenni C. dr15@wa-al-anon.org	**District: 16** (Bellevue, Mercer Island, East King County) Tom K. dr16@wa-al-anon.org	**District: 17** (Maple Valley, Renton) Leslie S. dr17@wa-al-anon.org
District: 18 (Burien, Des Moines) **No DR – contact person only:** Magdalena E. dr18@wa-al-anon.org	**District: 19** (Vashon, West Seattle) **No DR** dr19@wa-al-anon.org	**District: 20** (Central Seattle) Mary Elizabeth "Liz" L. dr20@wa-al-anon.org
District: 21 (North Seattle) **Winter I.** dr21@wa-al-anon.org	**District: 22**(North King, West Snohomish Counties) **No DR – contact person only:** Jacquelyn T. dr22@wa-al-anon.com	**District: 23** (Snohomish County, Whidbey Island) **Shelly T.** dr23@wa-al-anon.org
District: 24 (Skagit, San Juan, Island Counties) Danielle H. dr24@wa-al-anon.org	**District: 25** (Whatcom County) Nancy F. dr25@wa-al-anon.org	**District: 26** (Kitsap County) Maxine A. dr26@wa-al-anon.org
District: 27 (Olympic Peninsula) Kriss P. dr27@wa-al-anon.org	**District: 28** (North Snohomish County) Tom I. dr28@wa-al-anon.org	**District: 35** (Electronic Overlay District) Yvette O. dr35@wa-al-anon.org

Delegate's Report

I'm Kimberly Hawkins, your Delegate for Panel 65. A little about me: I've been a member of the Al-Anon Fellowship since 2010. I have served as GR, District 13 Secretary, Alternate DR, DR, Area Secretary, Area Alternate Delegate and many other group and district positions. For me, being involved in Service to the Al-Anon Fellowship has allowed me to give back a tiny bit in comparison to what I have received. I am humbled and honored to have the great opportunity to serve as your Delegate.

In just the two short months in this position, I have attended many virtual meetings including New Delegate orientation, Travel arrangement training, meetings with my mentor, Chair of the Board, Letter presentations, Task Force committee, and of course with many of these members sitting here, together and some one-on-one. A lot of reading of Conference materials and making sure I meet all deadlines for registrations and responses to World Service Office (WSO). All while still working full time at my paid job.

The Area Delegate is responsible for keeping the AWSC contact information updated and sent to WSO. There are several members on this panel who also need that information, so we decided to Keep It Simple and ask that you send any updates for New DR's, AIS Chairs, Panel Members or just updates to your information: i.e. phone, address, or email address, to me at delegate@wa-al-anon.org. We have a shared document in the google drive that anyone who needs this information can access.

I've been assigned to The World Service Conference Charter Presentation Task Force. Our first meeting will be on March 1.

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Alternate Delegate's Report

I am tasked with supporting our Delegate, Kimberly H, our Group Representatives (GR) Area-wide (Washington State) and chairing the Budget Committee.

I will be traveling with Kimberly this March to attend our NW Regional Delegates Conference in Portland, OR.

I have also restarted the fun and informative monthly "GR Circle" on Zoom. All are welcome to attend. We will have focused topics, selected speakers, supportive service manual readings, and a Q & A for new, experienced GR's and even "the curious". For more information, please see our flyer posted on wa-al-anon.org.

I will be finalizing selection of the Budget Committee membership at AWSC. We have room for 1-2 more possible members, so if you're an AWSC member and interested, please send me your questions via email or ask me in person at AWSC, Feb 22, Kent WA. My goal, as Alt Delegate in service to our members, is to not lose sight of my spiritual connection with HP and Serenity.

I have a huge learning curve as a new panel member, especially regarding the Area Handbook. And like any "newbie" I had to reprint a clean copy already, as I marked up my original so thoroughly, I can barely read it. (Oops!)

I am grateful for the graciousness, generosity and service of those who have gone before me as Alternate Delegate, past panel members and my Step and Service Sponsors. You are my bedrock and soulmates, ever so gently directing me towards being a better person and "Good Orderly Direction".

Please let me know if I can help answer any questions by contacting me at waalt-delegatepanel65@gmail.com.

I'll see you at AWSC. If its good weather, maybe Ill ride the "Black Pearl". BRAAP!!

—Juliana B.
Alternate Delegate

Area Chair Report

I'm Gary and my home group is the Friday Seattle Men's AFG. I returned to Washington 10 years ago and I live in Northeast Seattle, District 21.

As chair my goals are to help the Fellowship make decisions to strengthen our Area so that we can serve current and potential members. While it doesn't sound much like a business plan, my principles for service on this Panel are Joy, Inclusion, Equity, and Sustainability.

I'd like to make all our jobs easier and more fun and I'd like to have as many Washington Area Al-Anons as possible participating because it is the groups that hold the ultimate responsibility for making it work.

In the short time I've been chair, I've learned that most of the time I just need to shut my mouth and get out of the way. This awesome set of Officers and Coordinators are eager and talented and the more they are empowered and supported in doing their jobs, the better. I am grateful for

all the support I've already received and all the well-meaning feedback I have received from numerous members. I am blessed to have a caring support network for my service work and my recovery work. I look forward with a little anxiousness but a great deal of hope.

We are all blessed to have an opportunity to consider and feel and learn and grow together.

Thanks, in service,
—Gary
Area Chair

Alternate Chair Report

I am currently planning for 2025 SSA at Stanwood's beautiful Warm Beach Camp and Conference Center. This year, we will be staying in the Mt. Baker Cabins and Cascadian. Mt. Baker cabins feature a private bathroom, two bunk beds, and a queen-size bed. Cascadian has shared bathrooms with a sink and vanity in each room, one bunk bed, and a queen-sized bed. All rooms include bedding. Private bathrooms will be on a first-come, first-serve basis. To ensure a room in Mt. Baker, get your registration in ASAP.

This year, SSA will be hybrid! We will be able to offer three workshops, the Delegates report, and a Sunday Spiritual Speaker.

Pricing for 2025 SSA

In-Person: $270.00
Hybrid/Day Pass: $96.00
Alateen: $171.00

The weekend price includes two nights lodging, Friday night dinner, three meals Saturday, and breakfast Sunday .

Pricing for hybrid covers the cost of technology volunteers, the cost for a Day Pass includes lunch and dinner on Saturday.

Please register **by May 2nd**. We need a total food count for Warm Beach. Virtual participants will receive online training.

We are seeking districts to volunteer for Hospitality and Fun and Frolic. If you're a smaller district, you can cohost with another district.

Thank you to the districts and all who have volunteered so far for SSA!

Participation is the Key to Harmony. It is a privilege to serve as your alternate chair.

—Nena. T.
Alt-Chair

Secretary's Report

Thank you so much for the opportunity to serve the WA Area AFG as the Secretary! I am grateful. I have been in the program for over 6 years and service has been paramount to my recovery. I am a single mom of a teenager and love every minute of it. I am passionate about the outdoors and staying active, as well as sharing the message of hope with others.

My goal for this term is to practice the principles in every step of my service, grow through conflict, gain confidence in my abilities, and do my best to stay up on all the many tasks I have. I am especially nervous about standing in front of so many people, so I know this position will challenge me in many ways.

So far, I have tried to absorb as many secretarial duties as my brain will allow. I have updated the handbook a bit and received some help from others pointing out errors and updates that are needed. Thank you to all those folks who have reached out and been so supportive. This is a big job that requires a lot of support and the help of all of you to make it possible.

My hope for this term is to strengthen my recovery through serving alongside the other officers and coordinators, learning from each member's ESH, and create the space for my Higher Power to do some work in my life, to help better prepare me for my future goals both in and out of the program.

Grateful in service,
—Amber T.
Area Secretary

Area Treasurer's Report

I'm Helen Vasek and I am honored to be a trusted servant, serving as your Treasurer. As a longtime member of Al-Anon, little has prepared me for this position yet, on the other hand, I realize that through the support of my Higher Power, my service sponsor, along with the guidance of other members, this Program has given me tools to guide me in this service journey.

My goals for this term are to provide financial transparency using our Legacies as guidance. I am hoping that each member and group knows how we are using the donations you have so generously provided for our Area's health & welfare. To achieve this, first and foremost, my goal is to be gentle with myself and others as we build from here.

My to-do task list is and has been quite daunting. The transition into this service has been one of the most challenging of my life – and certainly within Al-Anon. The responsibilities are varied and have allowed me to collaborate with numerous members, including current panel members, as well as members who've served in past years and decades. The willingness of others to work alongside me has been humbling. I've much to learn. Their—and your patience with me is deeply appreciated.

I would like to take this opportunity to share with you that between 1/1 and 2/15/25 your generosity has provided your Area with the following:

- ~$5,948 from 63 separate groups, averaging ~ $94
- $860 from an AIS & a LDC
- $3,349 from 4 district donations, which ranged from $227 to $2,302!

I will be sharing the lists of group donations with your DR.

Please don't hesitate to let me know how I might better serve you.

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Ample Reserve

12/30/2024	Transfer from Banner Bank to BECU	$18,394.82	
12/30/2024	Transfer to Checking	$ (1,394.82)	
12/31/2024	Interest	$ 0.33	
1/31/2025	Interest	$ 5.05	
		$17,005.38	Ample Reserve

MAIN Checking (operating funds)

Date	Description	Amount		
12/30/2024	Transfer from Ample Reserve		$ 1,394.82	
01/17/2025	Check 800000 - Transition		$ (109.00)	
02/07/2025	Check 800001 - Transition		$ (118.77)	
02/12/2025	Check 800002 - Transition		$ (64.32)	
01/05/2025	Archives Extra Space Storage (6 months)		$ (900.00)	
01/14/2025	IPOSTAL*CONSOLIDATE	$ 3.00		
01/14/2025	IPOSTAL*SHIP ITEMS	$ 8.00		
01/15/2025	IPOSTAL*CONSOLIDATE	$ 3.00		
01/15/2025	IPOSTAL*SHIP ITEMS	$ 3.00		
01/15/2025	IPOSTAL*SHIP ITEMS	$ 3.26		
01/17/2025	IPOSTAL*SHIP ITEMS	$ 2.00		
01/17/2025	IPOSTAL*SHIP ITEMS	$ 3.00		
01/21/2025	IPOSTAL*CONSOLIDATE	$ 2.00		
01/21/2025	IPOSTAL*SHIP ITEMS	$ 4.50		
01/24/2025	IPOSTAL*EXTRA ITEMS	$ 2.10		
01/25/2025	IPOSTAL*CONSOLIDATE	$ 3.00		
01/25/2025	IPOSTAL*SHIP ITEMS	$ 5.00		
01/28/2025	IPOSTAL*CONSOLIDATE	$ 3.00		
01/29/2025	IPOSTAL*SHIP ITEMS	$ 6.00		
02/01/2025	IPOSTAL*CONSOLIDATE	$ 1.00		
02/01/2025	IPOSTAL*SHIP ITEMS	$ 4.00		
02/02/2025	IPOSTAL*CONSOLIDATE	$ 1.00		
02/02/2025	IPOSTAL*SHIP ITEMS	$ 3.31		
02/07/2025	IPOSTAL*SHIP ITEMS	$ 3.26		
02/11/2025	IPOSTAL*CONSOLIDATE	$ 3.00		
02/11/2025	IPOSTAL*SHIP ITEMS	$ 5.77		
		$ 72.20	$ (72.20)	
01/06/2025	Website - NINJA FORMS		$ (59.40)	
01/27/2025	ZOOM.COM		$ (17.41)	
02/15/2025	7th Tradition Deposits		$10,262.96	
			$10,316.68	Operating Funds
12/14/2024	ASTAR		$ 1,786.62	ASTAR Funds
12/14/2024	WAAC		$ 1,560.24	WAAC Funds

Per 2022-2024 WA Area Budget Sheets (2-25 AWSC) & 2025 Budget Adopted 2024 Fall Assembly

	2022 Budget	2022 Actual	2023 Budget	2023 Actual	2024 Budget	2024 Actual	2025 Budget ADOPTED
700's INCOME (Operating)							
701 Fundraiser Pins	$100.00	$155.00	$500.00	$735.00	$150.00	$225.00	$ 500.00
702 Group Donations	$46,015.00	$29,235.77	$33,410.00	$28,899.80	$36,180.00	$30,366.90	**$ 48,429.00**
703 Interest Income	$5.00	$7.50	$10.00		$10.00	$2.50	$ 10.00
704 Misc. Fundraiser	$1,500.00	$346.00	$1,000.00	$551.21	$250.00	$1,817.34	$ 500.00
705 Newsletter	$550.00	$388.00	$550.00	$238.00	$400.00	$263.00	$ 200.00
706 O/C Advance Returned		$1,200.00		$1,000.00	$5,500.00	$4,500.00	$ -
707 Speakers Conv.	$3,000.00	$6,720.07	$3,000.00	$66.24	$3,000.00		$ 3,000.00
708 7th Tradition	$2,500.00	$4,463.51		$3,080.84	$2,500.00	$3,588.32	$ 2,500.00
SUBTOTAL	$53,670.00	$42,515.85	$47,551.97	$34,571.09	$47,990.00	$40,763.06	$ 55,139.00
800's INCOME (Meetings)							
801 AWSCs	$500.00	$739.75	$500.00	$0.00	$1,000.00	$300.00	$ 1,000.00
802 Fall Assembly	$15,000.00	$7,720.04	$15,000.00	$7,236.08	$12,000.00	$11,162.64	$ 10,000.00
803 Pre-Con	$9,000.00	$6,909.10	$9,000.00	$7,886.80	$9,000.00	$5,694.52	$ 9,000.00
804 SSA	$15,000.00	$17,104.46	$30,000.00	$22,975.22	$30,000.00	$21,346.67	$ 22,000.00
SUBTOTAL	$50,051.27	$44,448.78	$54,500.00	$38,098.10	$51,500.00	$38,503.83	$ 42,000.00
900's Incoming Money							
901 ASTAR				$3,583.00	$0.00		$ -
902 WAAC				$3,332.44	$0.00		$ -
903 Birthday $		$360.00		$295.69	$0.00	$611.37	$ -
SUBTOTAL	$1,538.00	$1,818.00	$0.00	$7,211.13	$0.00	$611.37	$ -
Total Income	$90,170.00	$100,782.63	$90,380.00	$87,383.75	$99,490.00	$79,878.26	**$ 97,139.00**

Per 2022-2024 WA Area Budget Sheets (2-25 AWSC) & 2025 Budget Adopted 2024 Fall Assembly

	2022 Budget	2022 Actual	2023 Budget	2023 Actual	2024 Budget	2024 Actual	2025 Budget
200's EXPENSES (Officers)							
201 Delegate	$2,500.00	$2,228.10	$2,500.00	$1,328.70	$2,500.00	$2,307.14	2,500.00
202 Alt Delegate	$2,500.00	$3,061.85	$2,500.00	$1,519.48	$2,500.00	$2,171.11	2,500.00
203 Chair	$1,500.00	$1,277.77	$1,500.00	$938.15	$1,500.00	$1,690.46	1,500.00
204 Alt Chair	$1,500.00	$1,520.68	$1,500.00	$963.76	$1,500.00	$1,113.47	1,500.00
205 Secretary	$1,500.00	$2,100.08	$1,500.00	$1,289.60	$1,500.00	$1,941.30	1,500.00
206 Treasurer	$1,500.00	$2,328.56	$1,500.00	$2,797.18	$2,500.00	$1,787.48	1,500.00
TOTAL (Officers)	**$11,000.00**	**$12,517.04**	**$11,000.00**	**$8,836.87**	**$12,000.00**	**$11,010.96**	**$ 11,000.00**
300's (Coordinators)							
301 Alateen	$2,500.00	$424.52	$2,500.00	$1,263.77	$2,000.00	$1,070.94	2,500.00
302 Alateen Safety	$2,500.00	$2,442.98	$2,500.00	$1,999.37	$2,500.00	$2,254.02	2,500.00
303 Archives	$1,500.00	$1,886.58	$1,500.00	$1,298.52	$2,000.00	$1,724.92	1,500.00
304 Group Records	$1,500.00	$1,501.99	$1,500.00	$1,483.75	$1,500.00	$1,422.75	1,500.00
305 Literature	$1,500.00	$835.56	$1,500.00	$2,200.43	$2,500.00		1,500.00
306 Meeting Tech			$1,500.00	$2,005.46	$2,500.00	$1,038.82	1,500.00
307 Newsletter	$1,500.00	$1,443.17	$1,500.00	$791.70	$1,500.00	$1,635.13	1,500.00
308 Outreach	$1,500.00	$171.90	$1,500.00		$1,500.00		1,500.00
309 WAAC Chair	$1,500.00		$1,500.00		$1,500.00	$220.00	1,500.00
310 Web	$1,500.00	$1,516.41	$1,500.00	$910.66	$1,500.00	$601.97	1,500.00
TOTAL(Coordinators)	**$15,500.00**	**$10,223.11**	**$17,000.00**	**$11,953.66**	**$19,000.00**	**$9,968.55**	**$ 17,000.00**
400's EXPENSES (Other)							
401 AMIAS Spanish	$1,000.00		$500.00		$500.00		500.00
402 Archive Storage	$1,000.00	$1,110.60	$1,050.00	$1,367.73	$900.00	$1,724.00	1,800.00
403 Archives Update	$1,000.00		$500.00	$89.48	$1,402.30	$1,468.28	300.00
404 Area Address						$149.00	149.00
405 Audit Committee	$500.00	$162.60	$500.00	$47.16	$500.00	$377.52	200.00
406 Bank Charges	$50.00	$124.12	$100.00	$134.65	$30.00	$280.00	50.00
407 Bank Ch/Dep	$100.00	$105.27	$100.00	$37.15	$0.00	$61.25	100.00
408 Budget Comm	$500.00		$250.00		$150.00		100.00
409 Corporate Renewal	$50.00	$20.00	$50.00	$20.00	$20.00	$30.00	20.00
410 Custodial Archivist					$400.00	$76.80	250.00
411 Del. Love Gift	$500.00	$500.00	$500.00	$500.00	$500.00	$500.00	500.00
412 Equipment Maint.	$120.00		$120.00		$120.00		
413 Fundraisers	$500.00	$160.56	$500.00		$500.00	$2,376.81	1,200.00
414 Handbooks	$350.00	$432.61	$50.00	$572.01	$100.00		500.00
415 Legal/Acc/Ins	$5,000.00	$325.00	$3,500.00	$325.00	$500.00	$325.00	500.00
416 Newsletter	$550.00	$638.78	$550.00	$455.20	$550.00	$333.14	500.00
417 O/C Advances	$8,000.00	$6,500.00	$500.00		$500.00		8,500.00
418 Penalties		$19.90		$60.70	$0.00	$27.95	50.00
419 PO Material	$1,000.00		$1,000.00		$1,000.00		1,000.00
420 Service Exp *	$150.00		$150.00		$150.00	$475.57	300.00
421 Software/Hardware	$500.00	$472.13	$750.00	$165.40	$500.00	$346.15	500.00
422 Supplies *	$50.00	$393.27	$250.00	$552.74	$500.00	$525.10	450.00
423 Surplus Area 20%					$0.00		
424 Surplus Ample 50%				**$4,540.99**	$0.00		
425 Surplus WSO 30%		**$5,098.00**		**$2,724.59**	$0.00		
426 Transition	$500.00	$417.24	$500.00	$1,075.35	$500.00	$19.21	2,000.00
EQMT MAINTENANCE							120.00
427 Unusual *	$300.00		$300.00	$553.20	$300.00		300.00
428 WAAC AMIAS	$800.00		$800.00		$800.00	$447.38	800.00

	2022 Budget	2022 Actual	2023 Budget	2023 Actual	2024 Budget	2024 Actual	2025 Budget
429 Web Page	$150.00	$49.58	$150.00	$214.58	$250.00	$49.58	150.00
430 Web Service 20hrs		$1,695.00			$0.00		0.00
SPANISH TRANSLATORS							
TECH TEAM							
431 Webinar Meetings	$300.00	$249.71	$300.00	$206.74	$200.00	$208.92	300.00
432 WSC	$3,000.00	$2,989.10	$3,000.00	$2,527.68	$3,500.00	$3,617.71	3,000.00
TRANSFER FUNDS							
TOTAL (Other)	**$17,970.00**	**$33,623.26**	**$15,970.00**	**$21,170.35**	**$13,470.00**	**$13,419.37**	**24,139.00**
500's EXPENSES (Meetings)							
501 AWSCs		$1,347.66	$1,000.00	$1,488.42	$1,000.00	$427.12	1,000.00
502 Fall Assembly	$15,000.00	$8,184.74	$15,000.00	$10,278.20	$12,000.00	$9,197.84	10,000.00
503 Pre-Con	$9,000.00	$6,763.72	$9,000.00	$8,389.95	$9,000.00	$8,980.56	9,000.00
504 Speakers Conv		$250.00			$3,000.00		3,000.00
505 SSA	$15,000.00	$15,726.35	$30,000.00	$26,904.51	$30,000.00	$22,010.65	22,000.00
TOTAL Meetings	**$39,000.00**	**$32,272.47**	**$55,000.00**	**$47,061.08**	**$55,000.00**	**$40,616.17**	**$ 45,000.00**

	2022 Budget	2022 Actual	2023 Budget	2023 Actual	2024 Budget	2024 Actual	
600's Outgoing Money							
601 ASTAR				$3,583.00	$0.00		
602 WAAC				$3,332.44	$0.00		
603 Birthday $				$295.69	$0.00	$611.37	
TOTAL Outgoing		**$0.00**	**$0.00**	**$7,211.13**	**$0.00**		
Total Expenses		**$88,995.88**	**$98,970.00**	**$96,233.09**	**$99,490.00**	**$75,290.30**	**$ 97,139.00**

Area Treasurer's Report Continued From Page 6

My email is Treasurer@WA-Al-Anon.org. I can typically respond within 24-hours. Please pass along the Area website: (www.WA-Al-Anon.org) to groups and members. PayPal has been set up. We can also accept 7th Tradition donations from groups and members via our Area mailbox. Please have checks made out to **WA Area AFG** including the Group Name/WSO Number and District in the memo. The Area's address is: WA Area AFG, 12128 N Division St, #1531, Spokane, WA 99218-1905

In Grateful Service – Helen V. Treasurer

2025 February AWSC Minutes

Winter AWSC in Kent, WA. Gary H opened the meeting on February 22nd, at 9:00 am with the Serenity Prayer and Preamble. Volunteer Lenni C read the Steps, Cooki P the Traditions, Leslie S the Concepts and Mary P the Warrantees. Marcia read the Voting Procedures and Melissa M read the Meeting Guidelines. Gary H went over housekeeping and plans for lunch, then introduced the new panel Officers and Past Delegates. Roll call was taken by Amber T. There were 30 voting members present. Substantial unanimity was established at 21. Gary H gave a shoutout to District 14 for hosting our conference. Volunteers Markie M and Kayleen F read the Fall Assembly 2024 Draft Minutes. There was one correction of a last name initial on line 15. Shelly T moved to approve minutes; Lois N seconded. Motion passed unanimously.

Coordinator Appointments Gary H introduced the new panel Coordinators and gained approval from the body through a group conscience, everyone was in support.

Officer/Coordinator Reports were shared throughout the day. (**Full reports can be found in the WA Wanderings.)*

Delegate Report: Kimberly H read her written report which included an introduction, activities during her first two months in service, an explanation of some of her responsibilities, a brief description of her WSC duties, and her hope for everyone's time in service. *

Housekeeping Motion: Gary H presented a housekeeping motion for AWSC to adopt the 2025 WSC Theme. *Investing in Each Other to Preserve Our Legacy.* Mary P moved to approve; Nena T seconded. Mary P & J-B R read the theme in English, Spanish, and French. Motion passed unanimously. Everyone was reminded and encouraged to use the theme in their districts and groups.

Alternate Delegate: Julianna B read her report which talked about the tasks in her service, upcoming travels, updates about the GR Circles and Budget Committee, her goals during her time in service, and her gratitude. *

Newsletter: Monique R presented a verbal report with an update on her service tasks with the WA Wanderings; she has reduced the number of pages and is working to add electronic links that can be accessed on the electronic version. She shared that she may look to present a motion to reduce the cost for members. She also shared how her time in service in this position has impacted her program. She mentioned that she helped with a new Alateen meeting in D13.

Public Outreach: Katharine R shared that her written report was sent out, and that she wants to start monthly outreach meetings that members can attend, as a resource for outreach efforts in our area. *

Literature: Mary P read her report which shared about her passion for literature, that WSO is creating new literature about how to use program in your finances, that a new Service Manual is expected in January 2026, and how the 'Just for Tonight' bookmark was created. *

Amber T made an announcement to correct the roll call numbers due to an error made not counting two people. The updated numbers for Voting Members are 32. Substantial Unanimity is 23.

Gary H gave a nice reminder of why we're here and reviewed some of the points on the 'Preparation on motions' and 'Discussion on a motion' from the WA AWSC Meeting Voting Procedure. He reminded everyone that the purpose is to the motions is to work out any details and decide to on moving motions forward to GRs.

Proposed Motion #1: The motion "All future AWSC meetings be held electronically" was presented by Teresa H on behalf of the Committee (includes Karen L, Liz L, & Patrice C) by reading the KBDM. Liz L motioned to approve; Leslie S seconded. A 30-minute discussion followed. Members shared their ESH, suggestions for how to make it accessible, questions about AWSC only vote and keeping the focus on cost to area, missing the meeting after the meeting, keeping the cost down by sharing rides & hotels, and districts inability to host. Winter I suggested a friendly amendment "All future AWSC business meetings be held hybrid (electronic & in-person)", which was accepted. There was discussion about what technology is needed for hybrid meetings. Liz L moved to approve he amended the motion; Amye B seconded. Discussion was extended by 20 more minutes. Other points raised were regarding finances and covering expenses through group donations and area fundraisers. A paper ballot was requested. Yes-19, No-12. Motion does not pass.

Greater Seattle AIS: Arden C presented lots of information about impressions, click-throughs, advertising, number of calls they've taken, and successes they've had in outreach. She talked about what they do and their

service arms. She shared that they cover many districts and are only able to receive members in service from the districts they serve.
Announcements and lunch break.
Roll Call was taken by Amber T. Voting members present was 33; Substantial Unanimity is 23.
Proposed Motion #2: The motion "Obtain Director's and Officers Insurance for Washington Area" was presented by Helen V. She read the KBDM and shared that half the areas have D&O insurance. J-B R motioned to approve; Tom K seconded. A 30-minute discussion followed. Members asked questions and shared their experience, strength and hope. Some of the things that came up included who is covered, how D&O insurance is different from general liability, can the coverage be expanded to groups, what the coverage limits are, what the area is trying to prevent, and what has happened in the past. A paper ballot was requested. Yes-13, No-17. Motion does not pass.
Alternate Chair/SSA: Nena T presented her written report by sharing a tentative schedule for SSA, her need of volunteers for Fun & Frolic and Hospitality, the dates May 16-18, and the registration cost of $270 for the weekend. She is still looking for more workshops. Michael S will be the online AMIAS. *
Group Records: Cooki P read her report which included an introduction, her goals in service, what she needs to learn, the various tasks she's done and meetings she's attended, updated changes to record changes with WSO, and asking groups to include a meeting time change in notes. She gave a shoutout to Yvette O for her continued support and for volunteering to be her alternate. She also shared that it is difficult to reach a group when there is no district representative or contact person. *
Website: Teresa H read her report which talked about her roles and goals in her position and her vision for the website, how she's growing her program, and her gratitude for the support from panel members, past website coordinators, and volunteer Tom K.*
Meeting Technology: George S shared a verbal report about his preparation for Pre-Con and SSA. He is making sure he has the right equipment and volunteers both in-person and virtual. He learned a lot at Fall Assembly. His goal is for participants to have the best time. He is willing to accept feedback and is also looking for a replacement.
Motion #3: The motion "WA Area AFG will end the trial period and continue the coordinator position titled Meeting Technology Coordinator" was presented by Gary H. He shared George S has graciously offered to continue his service in this position, however the area needs replacement by December 2025. Gary went on to read the KBDM. Mary P motioned to approve; Kriss P seconded. Gary reminded everyone that they are voting on the title and permanence of the position. There was minimal discussion, and everyone seemed supportive of the motion. By verbal vote, there was 1-Ab, 0-No. Motion passed.
Outgoing Treasurer's Report: Melissa M presented her outgoing report that ended in 2024. She read the total lines for both expenses and income. She stated that we still owed the ample reserve ($1,146.17) and gave a shoutout to Penny R for her service.
Incoming Treasurer's Report: Helen V presented her report stating that between January 1st to February 15th, 63 groups donated a total of $5,948, averaging $94 per group; $860 from an AIS & a LDC; $3,349 from 4 district donations, ranging from $227 to $2,302. She shared some of her service responsibilities and asked the AWSC body for a group conscience on what types of reports to share about group donations. A short discussion followed and DRs agreed that they only want to receive donation information for their specific groups. Additionally, she shared that the area now has a non-profit rate for PayPal at 1.99% + $0.49 per transaction, and that we are using BECU. *
The Seventh Tradition envelope was passed around.
Motion #4: The motion "Increase the website budget line item from $150 to $600 to support website platform transition and maintenance for fiscal year 2025." was presented by Teresa H. She read the KBDM and shared hidden costs. The website has been paid for by a member for some time, and it's important that we be self-supporting. Teresa shared the different plan types, what was included, and the cost, as well as examples of what a new website could look like. Some items addressed were that the current website is complicated to use

so she is looking to moving it to Squarespace, past website coordinators have been 2+ hours a day working on it, the current website doesn't have enough server room for staging a new site, the area may be able to get a refund for hours not used through the website support company, there would be a new meeting directory on site, there are additional features & accessibility, and the new site could accept PayPal & credit cards. Overall, the new website would be more reliable and help future members in service. Sherrilee G motioned to approve; Melissa M seconded. A 30-minute discussion followed. Members were supportive and suggested two different friendly amendments, increasing the amount to $700 and removing the time limitation; both friendly amendments were accepted. The updated motion reads as "Increase the website budget line item from $150 to $700 to support website platform transition & maintenance.". Gary called for the vote. Motion passed unanimously.

Secretary: Amber T shared highlights from her report and talked about her time in service on the panel. She has been able to connect with many DRs, has received correction/edit suggestions for the handbook, and shared that she cannot do the position without the support from other members. She shared her gratitude in service and talked about a short-term goal of working with the panel to decide on whether the area would provide printed copies of the handbook, since it's important that members have the tools and most accurate information available to them to help keep our area healthy. *

Chair: Gary H read his report which included an introduction, goals for his time on the panel, what he's learned so far in his time as Chair, and his gratitude in service. He highlighted his principles in service; joy, inclusion, equity, and sustainability, with the hope of including more groups at area service. *

Alateen: Elizabeth W, not present.

WAAC: Not present.

Area Alateen Process Person: Michael S, not present.

Members were reminded that all AMIAS need to recertify every year, the invite was sent out.

ASTAR: It was shared that Lazy F location was secured for this year's event. The dates are April 11th-13th and so far, there are 5 registrants. This event is a great opportunity to serve.

Pierce County AIS: Kayleen F introduced herself as the new Chair and gave some information about what they do. They cover districts 12 & 13 and have strong outreach in those districts. They did a workshop last year on service and public outreach, that had a basket raffle and raised $1,600. They table at the WA State Fair each year and even have a new Alateen meeting. If you need to reach them, their email is al-anon@pierce-wash.org.

Archives: Open position

Pre-Con Report: Grace J, Alt DR for district 5, shared that the flyer is officially out. The registration is set for $85 with a $30 lunch option. After March 13th, there will be a late fee added to registration. Members can register up to the day of the meeting and registration costs are the same whether you attend in-person or virtually. They are seeking service volunteers for Hospitality and a Spanish Interpreter.

The Seventh Tradition total collection was $301.00 cash and $85 PayPal.

Gary H. responded to an ask-it-basket question regarding serving as an area officer or coordinator if you've served as a DR in another state; he read from the service manual that stated the only requirement be that they previously served as a DR. No state boundaries were stated.

FUTURE EVENTS 2025:

Pre-Con 2025-April 4th-5th at Campbells Resort in Chelan, WA hosted by D5

ASTAR 2025-April 11th-13th at Lazy F Camp in Ellensburg

Summer Seminar Assembly (SSA) 2025 – May 16th-18th. A district volunteered for hospitality!

WAAC 2025-July 18th-20th

Summer AWSC 2025 – August 2nd

Fall Assembly 2025 – October 3rd-5th

District 4 volunteered to host the Speaker's Convention.

The business meeting closed on Saturday with the Al-Anon Declaration at 4:28 pm.

2025 PRE-CON Motion Log

#	Motion/ Discussions	Links to KBDM/ Sup. Docs.	Discussion	AWSC Vote
#1	All future AWSC business meetings be held hybrid (electronic and in person).	1-26 KBDM Cost and Time #1 Cost and Time #2	**For:** Loves Zoom. Provide versatility and access especially for mothers with young children, sick and older members who do not drive or are recovering from surgery. Less cost for Area especially in a year when donations .I am missing out on family opportunities. **Against:** Distractions. . Spiritual experience in person. Unhealthy physically. Zoom members do not donate as much. Hybrid is isolating. Distractions. Not good Wi-Fi in rural areas. Katharine P. thinks that thousands of dollars would be saved seems like an overstatement. Biggest savings would be on the district level and not the area level. The part that is missing is that we are denying members the chance to volunteer to host an assembly. We are guided by our spiritual principles. Kimberly H. we calculated $15 dollars a month for each active group to support area. **PAPER VOTE REQUESTED.**	Yes 19 No 12 Abstain 0 **Substantial Unanimity not reached.** **MOTION DOES NOT MOVE TO PRE-CON**
#2	Obtain Directors and Officers Insurance for Washington Area	1-26 KBDM	**For**: Previous insurance policy is liability insurance. Officers and Coordinators and anyone who is serving on a thought force or task force would be covered by personal suits with this insurance. This is entirely focused on actions that are taken by our trusted servants. I appreciate that the motion is for the whole of al-anon and for the trusted servants. Helen, as an example, as an area we could be sued because our website is not compliant with the laws. Amber what coverage limits would be? Helen: a million dollars costing? $1,104 dollars per year. Company is Ace. Not having insurance could hold members back from serving. **Against:** Have we had this insurance before? Gary no. Nancy we need a more detailed KBDM. Who has been sued and what was the outcome? This is coming up more now because society has a whole is more sue happy. Need more information.	Yes 13 No 15 Abstain 0 **Substantial Unanimity not reached.** **MOTION DOES NOT MOVE TO PRE-CON**
#3	WA Area AFG will end the trial period and continue the Coordinator position titled Meeting Technology Coordinator.	1-26 KBDM	Marcia: I have been doing what George has been doing this in Texas. Don't worry about having another coordinator. Gary: We are voting on ending the trial period and making this position permanent.	Yes 33 No 0 Abstain 0 **MOTION MOVES TO PRE-CON**
#4	Increase the website budget line item from $150 to $700 to support website platform transition and maintenance.	2-17 KBDM	Discussion was based on extensive KBDM.	Yes 33 No 0 Abstain 0 **MOTION MOVES TO PRE-CON**

WA AREA AFG
HOSTED BY DISTRICT 5

CAMPBELL'S RESORT!!
104 W. WOODIN AVE CHELAN, WA 98816
(509)682-2561

AFG ROOM RATE
CODE:#789275

$142.-$162/ night +tax

PRECON 2025

REGISTRATION FEE:
$85.00
with $30.00 lunch option

APRIL 4-5
2025

SIGN-IN 5PM FRIDAY
APRIL 4TH

Use QR code below to Register
Late FEE $10 after 3/13/25
Meal may not be Available if Register after 3/20/25
precon2025-registrar@wa-al-anon.org

FRIDAY APR 4TH

District Rep & Group Rep Circles

FRIDAY APR 4TH

Spiritual Meeting

SATURDAY APRIL 5TH

Sign in 8 am

SAT APRIL 5TH

Pre Con Business Meeting

MENU

- Steak Salad
- Rocket baby arugula
- Gigante marinated white beans
- Oven roasted tomatoes
- Pickled onions
- Roasted zucchini
- White cheddar, roasted onion balsamic vinaigrette
- Artisan bread

AMIAS & ALATEEN REMINDER

Complete Required FORMS:
1.Permission/Medical slip
2.WA Area Alateen Safety Requirements
3.Critical Information Document
HTTP://WWW.WA-AL-ANON.ORG/

Group Records Coordinator's Report

I am Cooki Perkins and am excited to be your Group Records Coordinator for Panel 65. I am married, with two children and two stepchildren and five grandchildren. My daughter and youngest granddaughter live with us and our cat and are a source of joy. I love reading, traveling and playing computer games.

My goal is to provide accurate group records so that potential members as well as current members are able to find meetings whenever they need one.

I have a lot to learn about Google Docs (like everything) and hope to make progress in this area.

Since we took office, I trained with Yvette, getting all submissions caught up. I attended a webinar sponsored by the WSO. I have been working on making group record changes as they come in. I want to emphasize that new groups must register with the WSO prior to submitting their group to the Area. When they do that, the WSO contacts me with the information. Changes can be made directly to the Area and I will update the WSO records so that they match.

Yvette has been a wonderful resource and has even agreed to be my alternate, something the WSO suggested in our training webinar.

I hope to continue to grow and adapt to changes that I know are coming to provide the most accurate group records possible.

Thank you for your confidence in my abilities and your support and patience.

—Cooki Perkins,
Group Records Coordinator

Web Coordinator's Report

My role as the web editor involves many things that I love doing including building websites, finding better ways to communicate information, and serving our Al-Anon community.

My goal as our web editor is to bring our website into alignment with its stated purpose of Public Outreach. In addition, I aspire to have our website always be online, load quickly, work well on all devices, and be intuitive as well as full of valuable information for our Area members.

So far I have been on the steepest learning curve of my life. Without the generous patient sharing of help, knowledge, and time from DR 15 Tom K., I would have been dead in the water. So far this has been a very frustrating and humbling experience with both unrealistic expectations of myself and perfectionism

rearing their heads. I am so grateful for my HP, this program, and the support of so many of our beloved members. I am looking forward to learning new things over the next three years so that WA Area's website and communications are effective, efficient, and sustainable. Thank you in advance for your patience and open-mindedness as I find my way in this new service opportunity.

With gratitude,
—Teresa H.
WA Area Web Editor

Technology Coordinator's Report

As your Meeting Technology Coordinator, my activities since our successful 2024 Fall Hybrid Assembly have been focused on participating in planning activities for Panel 65 as well as beginning preparations for supporting a hybrid assembly at PRECON in the beginning part of April and SSA in May.

By building on the successful Fall Assembly experience, your technology volunteers and I continue to learn what works well and to identify opportunities to make changes. Our goal is to make the meeting easier to manage and easier for both virtual and in-person attendees to participate in. I welcome your suggestions or ideas that you have based upon your experience from fall assembly.

I request your interest in volunteering for one or more of the following:

Upcoming Service Opportunities:

- Technology Volunteer PreCon Virtual
- Technology Volunteer PreCon On-site
- Technology Volunteer SSA Virtual
- Technology Volunteer SSA On-site
- Meeting Technology Coordinator *later this year*

Training and support will be provided for all these service activities to ensure your success as well as the team's success. Expression of interest rather than a commitment would be helpful as soon as possible. I look forward to your response. Please email me at meeting-tech@wa-al-anon.org.

In service,
—George S.
Technology Coordinator

Literature Coordinator's Report

I am your new literature coordinator. I want to do this job because –can you guess? —I LOVE OUR LITERATURE! Such hidden gems in plain sight: Dos & Don't in a program that has no rules, a maturity list in a program that discourages criticalness and self-flagellation.

A treasure trove of awesome thoughts sometimes couched in such benign phrases that only re-reading will suddenly make your jaw drop. When you find your eyes flashing and your brain buzzing because of a paragraph or a specific bit of literature, I would love you to email me at literature@wa-alanon.org and tell me why. In case you hadn't heard, the WSO is starting ANOTHER new piece of literature about how you use your program in your finances. It is another fabulous way to grow yourself and others. It is said in our literature that we have everything we need to know within our fellowship –that works only if we share it.

And from our immense treasure trove, I would like to paraphrase one of my favs: 'Just for tonight: I will be grateful. I will give thanks for the past day—its failures and successes, its sadness and joy, its pain and pleasure. I take comfort in knowing that every event can be used for my good and the good of others.'

Every assembly I hope to share some bit of literature, offering prizes to the first who can identify its source. For this one, I have a copy of our newest booklet.

Thank you for letting me serve.
—Mary P.
Literature Coordinator

Alateen Coordinator's Report

***In keeping with Traditions Eleven and Twelve, District 13 Alateen respects the anonymity of all Al-Anon and Alateen members. When any full-face image is presented, the person in the image is not an Al-Anon or Alateen member.*

My name is Elizabeth G.deW. I'm the Alateen Coordinator.

I'm a professional tax preparer. I love dogs and have two lovely huskies, Betsy, five and a half, and Luna two years old.

I took the Alateen position because teens are so important to me. When my daughter was a teen, she really needed Alateen and there wasn't any Alateen meeting available in my area.
I wished I knew about Alateen when I was young too.

I have been in contact with our AAPP Mike S. and other AMIAS planning ASTAR this April. I have been answering questions from Alanon members about opening new Alateen meetings.

I think one of my strengths is my passion for Alateen. I'm excited to be an Alateen coordinator; I want to make people excited about it too. Our teens need us!

I'm looking forward to learning from our Alateen master, AAPR Coordinator Mike Simpson. With the help of my HP and other AMIAS members we will be able to open more Alateen rooms for our teens.

In Service
—Elizabeth G.deW.
Alateen Coordinator

Alateen Process Coordinator's Report

I am returning for an extra year as your Area Alateen Process Person (AAPP). Many of you know me from having been the AAPP on the last Panel or from having been the Area Alateen Coordinator (AAC) during Panel 59.

My goal for this year is to bring both the Initial Training and the Refresher Training for Al-Anon Members in Alateen Service (AMIAS) online — that is, after I renew the Area's Alateen certification for another year. To that end, I am learning how to use WordPress to plug the AMIAS training into the Area web site.

NEW AMIAS Training

The Area will offer online AMIAS training on **May 3 and June 7,** as well as in-person training April 11-13 at the Alateen Sponsor Training and Recovery (ASTAR) event. Please contact me directly at WAAAPPPanel65@gmail.com for more information.

Service, as a growth opportunity, takes many forms. I am a good listener and a good conduit of information up and down the Links of Service. I look forward to sharing experience, strength and hope with the other members of the Panel in particular, and with the Area in general.

Thank you for the opportunity to be of service to the Area.

—Michael S.
Area Alateen
Process Person

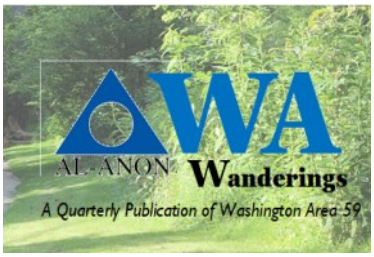
Newsletter Editor's Report

I am so excited to be your new *WA Wanderings* Coordinator for this panel.

Because I am a wordsmith, I, could not help looking up the definition of wander. The one that most closely aligns with my understanding is: *to extend in an irregular course or direction.* My journey has indeed been irregular. But it has been nourishing and uncomfortable and irregular. I have used service as my rock to steer me though the irregular path. In the last two weeks both my husband and I have suffered through COVID, both of my elderly parents have had the flu (with my father being hospitalized with his pulmonary fibrosis) and yesterday my beloved cat Jasmine died after 20 years of wonderful companionship. Service and the program have gotten me through.

My goals for this panel are:

1. **To make the newsletter accurate and timely**—to do this I have established publishing dates and the goal of getting this into the hands of subscribers no later than March 4th.
2. **To make the newsletter an active and useful tool for DRs and GRs**. To do this I have included active links to all websites and email addresses. I also will include a motion log, complete contact list and upcoming events list.
3. **To make the newsletter self-supporting.** To do this I have secured a printer that will use our non-profit status to provide us with a printing cost of under .07 cents a page, reduced the total page number by limiting word count and reducing font size. Rising postage will be 1.47 per issue. I will confirm in person next week but I hope to make issue come in just about $4 which will reduce the yearly subscription to $16 per year. Perhaps there will be a motion this year.



4. **Increasing subscriptions and readership** by attracting readers with a friendly reader format and a reasonably priced newsletter

Let me finish by saying that there is popular saying that ***all who wander are not lost.*** Because of you I am not lost. I have found my family and my way. Thank you for allowing me to serve you.

In grateful service:

—Monique R.

Newsletter Coordinator

Public Outreach Coordinator's Report

Warm wintry greetings, my friends! It is my privilege to continue in service, and my challenge to be our Area Outreach Coordinator.

My husband and I live here in Kent. We have three grown sons and their wonderful partners, and five grandchildren. Since we're empty-nesters, we recently acquired a cute young dog. Cooper doesn't talk much, but from his behavior we know he's had a hard two years before moving into our home. He reminds me that all of us have unseen brokenness that we're trying our best to process. Lacking an Outreach Coordinator on our last panel, it fell to me as Delegate to answer questions and look over proposals for new outreach projects. I was busy doing Delegate things and felt really inadequate regarding outreach. Cringe... Imagine my surprise when THIS was the position I was asked to take! My Higher Power has a great sense of humor.

First goals for my position are to take incremental steps forward in our communities. To begin with, that means figuring out what's happening now. Next, moving on to these steps:

1. **Initiate an outreach activity** (for Districts and Groups that haven't done one for a while.)
2. **Expand an outreach activity** (for those who have found something useful to do.)
3. **Try a new outreach activity** (to carry the message to unreached populations.)

To those who are present at today's meeting, I give my thanks for your service to the worldwide fellowship of Al-Anon and Alateen. To those who are accessing this report in our Washington Wanderings, THANK YOU for reading! May our every interaction bring new opportunities for growth and understanding, and may we bring serenity to all our relationships because of our very personal investments in this program of recovery.

Gratefully in service,

—Katharine R.

Public Outreach Coordinator

Pierce County AIS Chair

My name is Kayleen F., from District 12 in Tacoma. It's an honor to serve as the new Pierce County AIS Chair. I'm a grateful member of Al-Anon and have a passion for service. Pierce County AIS serves the districts of 12 and 13. The AIS committee is working hard to get back to strong public outreach service in the community. In November 2024, we hosted the Detachment Workshop for the first time in several years. In December, we hosted a fundraiser with Al-Anon and AA speakers focused on service and public outreach. We will host those meetings again in 2025. Everyone is welcome. With the leadership of Ayme B., District 13, we began work on reaching the community with a plan to disperse pamphlets and information on how to find meetings using a bar code. We will again have a table at the Western WA state fair September 2025. AIS has started the process of getting back to recovery centers with Al-Anon speakers and with the leadership of Monique R., from District 13, there is an Alateen meeting that started February 6th in Puyallup WA, the first time in 13 years. I am excited to serve and looking forward to the future of Pierce County AIS. Please follow us on our website at al-anon-pierce-wa.org.

Pierce Count Alateen Information - PIERCE COUNTY AL-ANON

In Service,
—Kayleen F.
Pierce County AIS Chair

Seattle AIS Chair

Hello, I am Arden C, the Vice-Chair of Seattle Al-Anon Information Services (AIS). We serve nine districts (14-22), four DRs, 100 groups including eight Spanish and five Alateen groups. Our office is located on Capital Hill in Seattle. We have a website (seattle-al-anon.org) with Al-Anon information including literature, a regularly updated meetings directory, an almost 24/7 phone service to answer questions and offer 12th step help, and we do outreach for the area. We also have a literature distribution center. And we have a great monthly newsletter called *The Bits* that anyone can subscribe to.

Literature sales: We had $22,875 in sales in 2024. Our biggest seller is *How Al-Anon Works,* which many of our groups give free to newcomers. We also open the office the first Saturday of the month for sales, pickups and fellowship.

Phones: In 2024 our phone volunteers fielded 962 calls and texts.

Outreach campaign: We are doing display ads on Sound Transit buses and trains as well as ads on Facebook December through February. We don't have final numbers yet, but from Nov. 15 to Dec. 15, 2024, our Facebook ad campaign generated 116,446 impressions (# of people who saw the ads) with a Click-Through Rate (CTR) of 1.10% (# of people who clicked on the link for more information). This led to 1,284 link clicks, 79 post reactions, 34 shares and six comments. The campaign focused on driving traffic to the Seattle Al-Anon website.

In addition, our programmatic display ads for the same period received a total of 275,836 impressions, but the CTR was much lower at 0.06%, resulting in 165 clicks. Although that was a more modest impact, the ads drove 27 conversions (website hits) and 136 view-through visits, indicating some indirect engagement. In other news, we are hosting a **Lois' Birthday Celebration** on March 8, 5 to 9pm, at St Andrews Lutheran Church in Bellevue. Join us. https://www.seattle-al-anon.org/events/celebrating-loiss-birthday

In Service,
—Arden C..
Seattle AIS Vice Chair

Upcoming Events

Event	Host	From	To	Place
NW Regional Delegate's Meeting 2025	WSO	3/28/2025	3/30/2025	Portland, OR
Pre-Con 2025 **Reservation for Pre-Con is on the WA Area Website https://wa-al-anon.org/2025/02/11/precon-2025/**	District 5	4/4/2025	4/5/2025	Campbell's Resort **Group Block Number - 789275 Reservation Line - 800-553-8225 or 509-682-2561** 104 W Woodin Ave, Chelan, WA
ASTAR (Alateen Sponsor Training and Recovery) 2025	WA Area	4/11/2025	4/13/2025	Lazy F Ranch 6170 Manastash Rd. Ellensburg, WA
WSC (World Service Conference) 2025	WSO	4/24/2025	4/27/2025	Windsor, CT
SSA (Summer Service Assembly) 2025	WA Area	5/16/2025	5/18/2025	Warm Beach Conference Center 20800 Marine Dr, Stanwood, WA
WAAC (WA Area Alateen Conference) 2025	WA Area	7/18/2025	7/20/2025	Lazy F Ranch 6170 Manastash Rd. Ellensburg, WA
AWSC Aug 2025	**OPEN**	8/2/2025	8/2/2025	
Fall Assembly 2025	**OPEN**	10/3/2025	10/5/2025	

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At the Word Service Committee meeting in 2026, we will be presenting the Conference Charter. The Charter can be found in your 2022-2025 Service Manual pgs 227-231.

We will: Prepare a presentation to share and engage the Conference members in understanding the World Service Charter and, specifically, each member's role in achieving its responsibility to "be the guardian of both Al-Anon's world services and its Twelve Traditions." I have been notified by WSO Finance what Washington Area has donated, as a whole, to WSO. Each District's contribution, along with what Groups in that district, is detailed. If you wish more information about your specific District, please contact me.

The AWSC is a spiritual experience. Where we practice the principles of our program. Concept Four says "Participation is the Key to Harmony"

My wish is that we all have the courage to share our experience, strength and hope, and all leave here with new or stronger friendships.

Grateful in Service,
—Kimberly Hawkins
WA Delegate Panel 65

WA Wanderings

A Quarterly Publication of Washington Area 59

WA Area AFG 12128 N. Division St., #1531, Spokane, WA 99218-1905

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WE ARE ONLINE:

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AIS Info — Greater Seattle Al-Anon

Pierce County AIS (Al-Anon Information Services) - PIERCE COUNTY AL-ANON

MISSION

Al-Anon Family Group Headquarters, Inc. is a spiritually based organization that helps the families and friends of alcoholics connect and support each other through barrier free meetings, information, and shared experiences.

WA AREA CURRENTLY SERVES:

Washington Area has been serving groups in Washington since 1996 and was recognized as a 501C3 in 1998 (non-profit).

In person/hybrid:

- 250 active groups
- 133 inactive
- 10 no mail

Electronic:

- 41 active

Alateen

- 12 active
- 13 inactive

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